WLF Project Assessment Tools
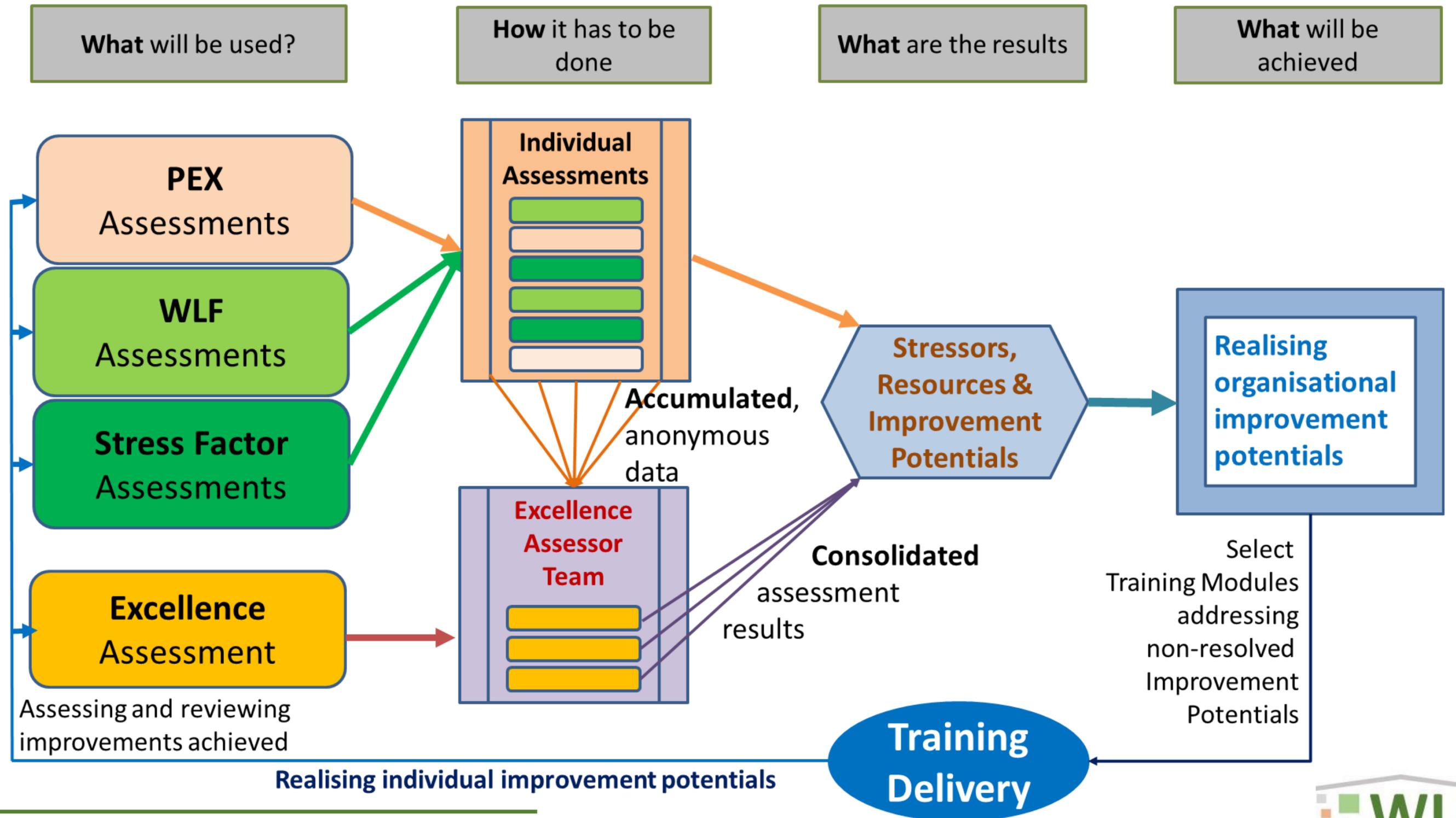
Dalluege, C.-Andreas, IBK
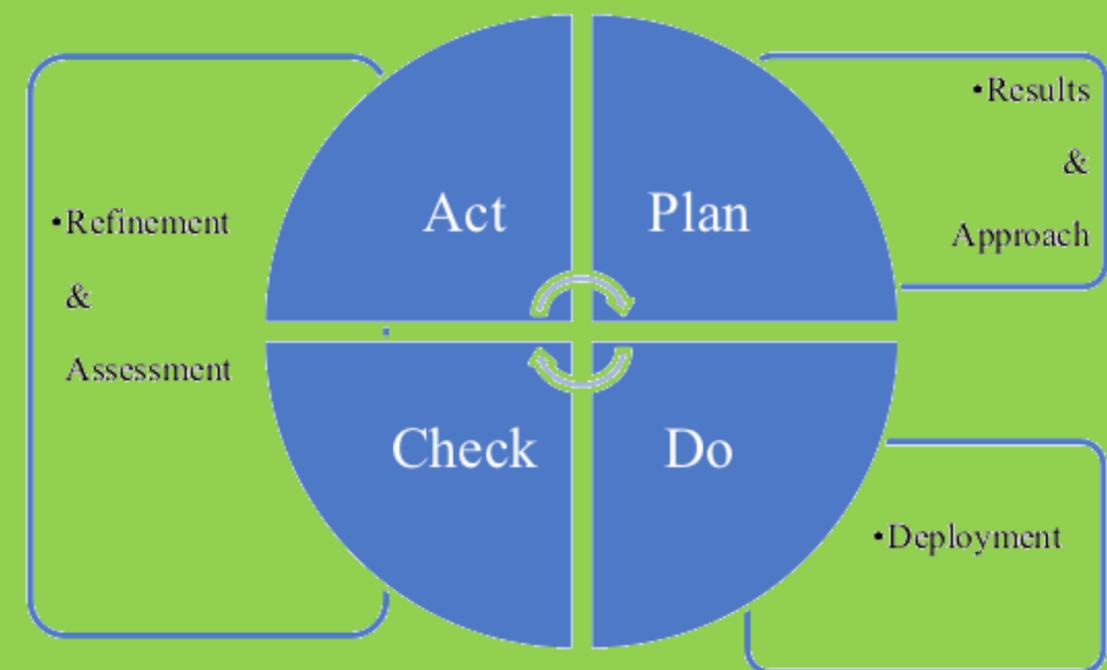
WLF – Corporate Solution

The Personal Excellence Assessment Tool

PEX Assessment

PEX Assessment

PEX Assessment

PEX Assessment

PEX Assessment

Personal Excellence Self-Assessment Report

Export as a Word Document for personal archiving

1. Life mission, life strategy

| Question	Evidences	Current maturity level	Ideas for improvement	Urgency for improvement
1.1. How comprehensively do I define my life mission as a central life focus?	• I have concrete ideas of what I wantto reach in the next 3-5 years, as well as my long-time perspectives	80	•	25
1.2. How well do I implement my life mission through my life strategy?	• I try my best to transfer my mid- and long.time goals into doable tasks	60	•	50
1.3. How well do I recognise the relevant needs of my relationship environment and am I able to actively take these needs into account?	• I try and listen to my relevant people and anticipate their upcoming needs	80	• Try to be less reactive and be more pro-active in adressing needs in my direct environment	25
1.4. How well do I understand the relevant needs of my relationship environment so that I can actively integrate these needs into my life mission and strategy?	•	60	• Listen better to what people try to tell me instead of just acting on first impressions of what they seem to say	50
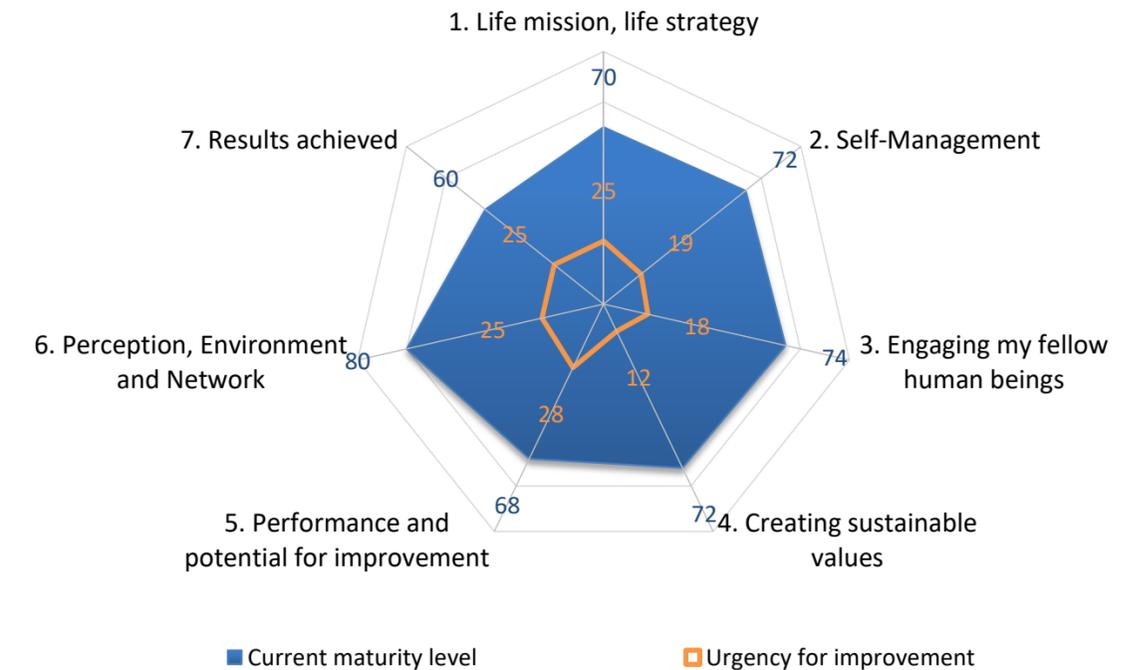
Criterion	Maturity level Ø	Urgency for improvement Ø
1. Life mission, life strategy	70	25
2. Self-Management	72	19
3. Engaging my fellow human beings	74	18
4. Creating sustainable values	72	12
5. Performance and potential for improvement	68	28
6. Perception, Environment and Network	80	25
7. Results achieved	60	25
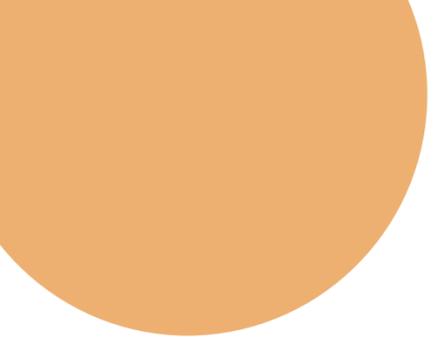
The WLF Assessment Tool
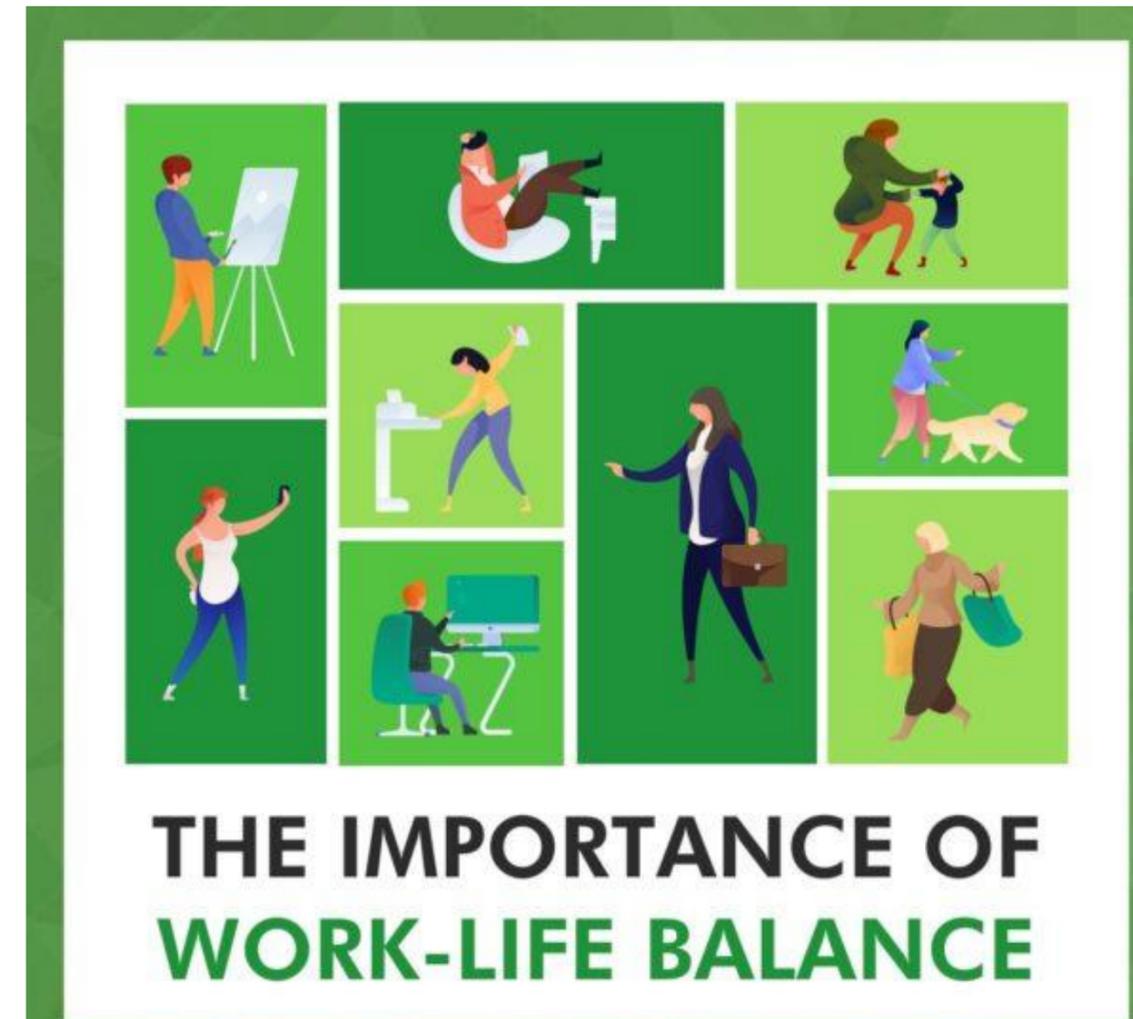
WLF Assessment – Main Screen

WLF Assessment – Status Report
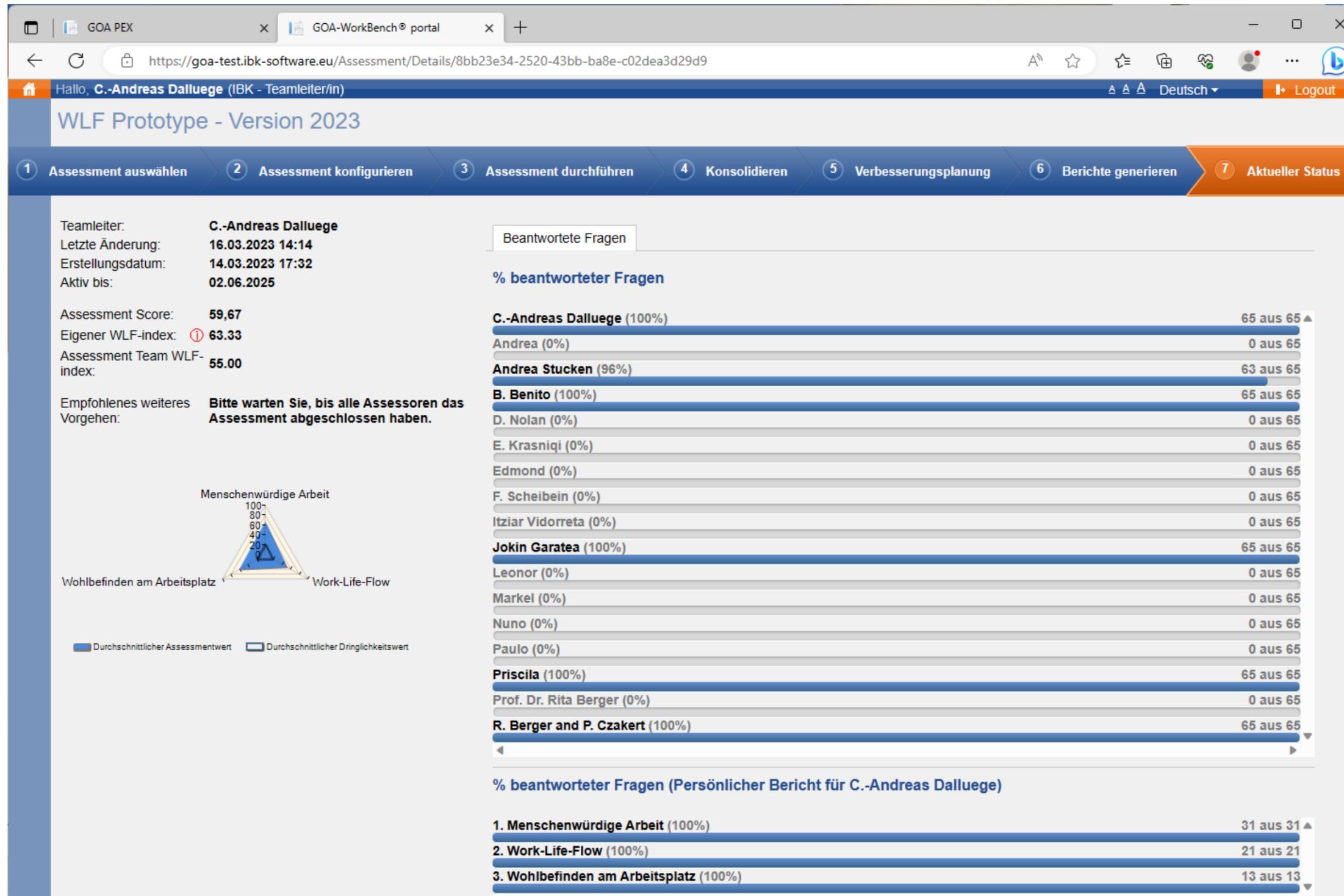
WLF Assessment – Personal Report

WLF Assessment – Team Report

Name of assessment: WLF Prototype - Version 2023
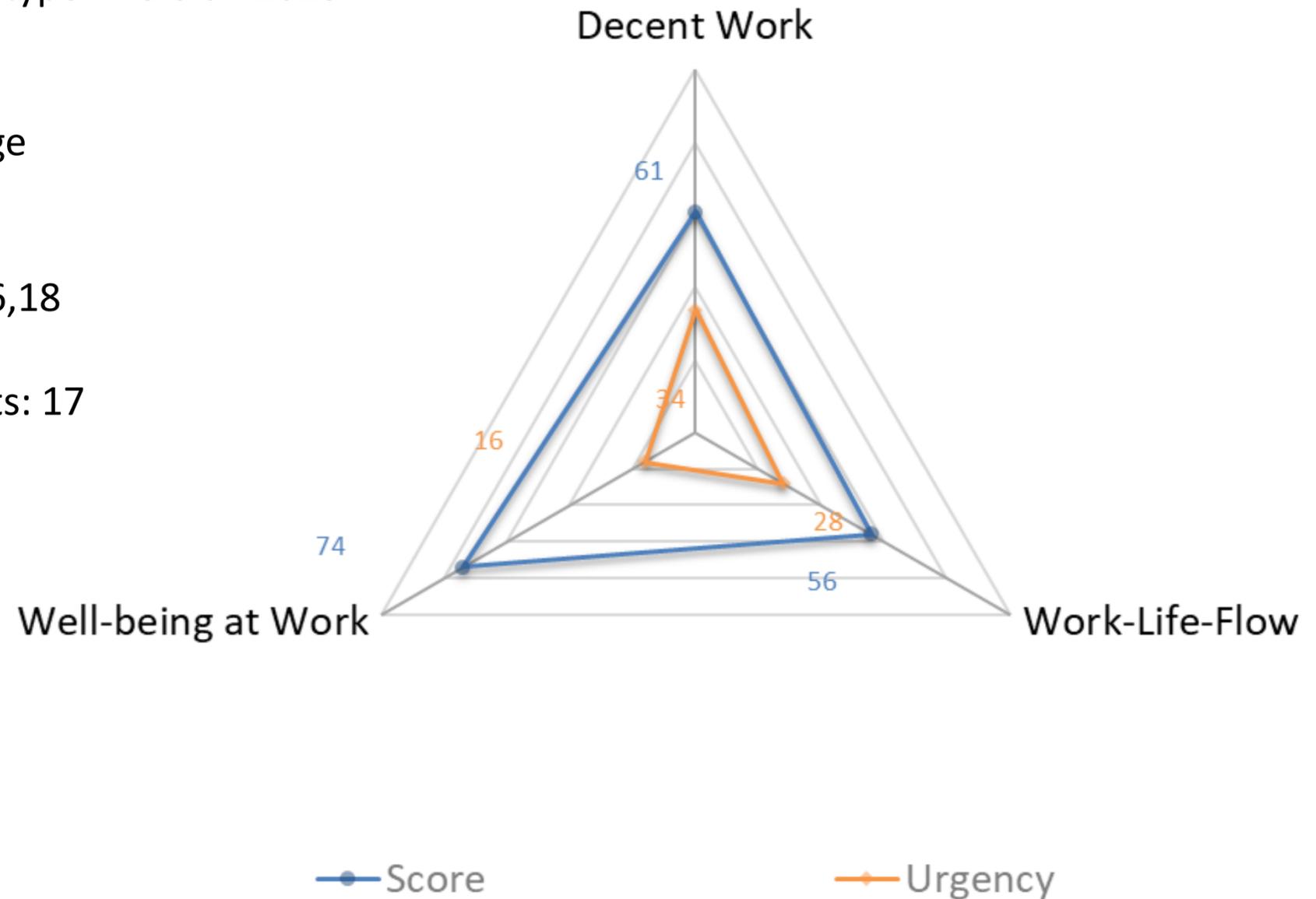Date created: 14/03/2023 17:32
Active till: 02/06/2025
Team leader: C.-Andreas Dalluege

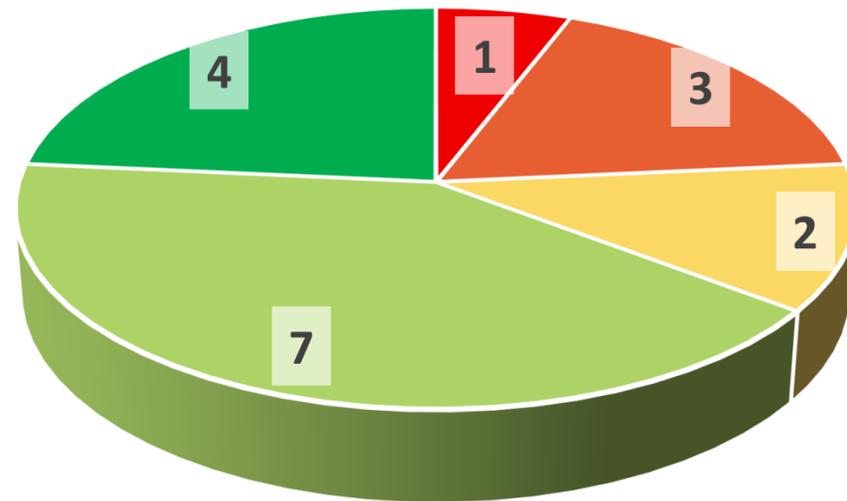Assessment Score: 62,67
Assessment Team WLF-index: 66,18
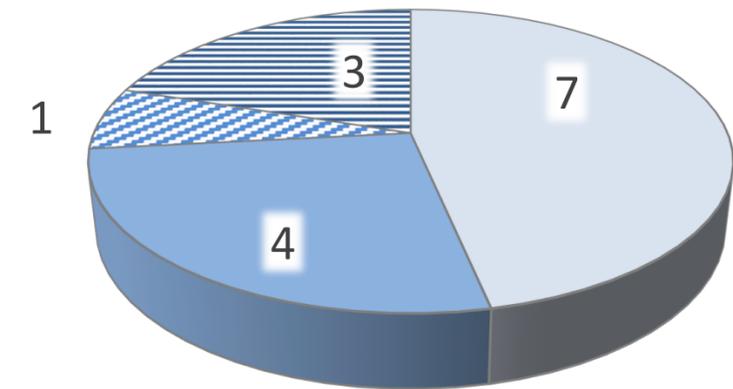
Number of analysed assessments: 17

WLF Assessment – Team Report

At my workplace, I am protected from risks to my physical health.

Legend (left pie chart):
- I do not agree
- I somewhat agree
- I agree moderately
- I strongly agree
- I completely agree

Left pie chart values: 1, 3, 2, 7, 4

Right pie chart: Urgency
Values: 7, 3, 1, 4

Legend (right pie chart): 0% 25% 50% 75% 100%

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WLF Assessment – Team Report

WLF Assessment – Improvement Planning

WLF Assessment – Team Report

WLF Assessment – Team Report

WLF Assessment – Team Report

Free Assessment Tools

Links to the tools:

PEX Assessment Tool

https://pex.ibk-freeware.eu/

Stress Factor Assessment Tool

http://www.ibk.eu/en/goa-sfa.php

WLF Corporate Assessment Tool

Please contact IBK (stucken@ibk.eu) to set up a bespoke assessment area for your organisation

WLF

Thank You

In case of questions or comments, please reach out to us!

(cad@ibk.eu)

https://www.work-life-flow.eu/